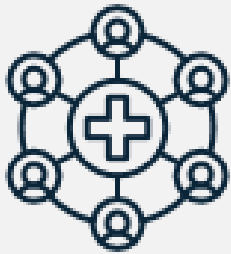




Arkos Health

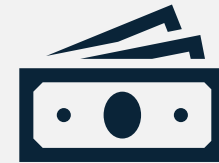
What does Arkos Health do?



ARKOS HEALTH IS A POPULATION
HEALTH COMPANY



COORDINATES CARE TO A
DEFINED POPULATION



NO COST TO PATIENT

Current North Dakota Partnerships:



Blue Cross Blue Shield of ND

Medicaid Expansion



NextBlue

Medicare Advantage



The Arkos Team



Registered
Nurses

Licensed Social
Workers

Social Service
Care Managers

Community
Health Workers

Nurse
Practitioners

Quality
Coordinators

Clinical Services

Registered Nurses

- Hospital/Medical Visit Instructions
- Establish PCP
- Medication Support
- Provide Support with New Diagnoses
- Chronic Disorders
- Medical Equipment
- Advanced Directives

Skilled Nursing Facility Coordinator

- Works with SNFs when patients are admitted
 - Includes Swing Bed, Long-Term Acute Care, and Inpatient Rehabilitation
- Discharge Coordination
- Referrals

Social Services

Community Health Workers

- Medication drop off
- Help arrange transportation
- Social visits
- NextBlue benefit assistance
- Food Boxes

Social Services

- Employment Resources
- Housing Support
- Household Resources
- Application Support (SNAP/LIHEAP)
- Mental/Behavioral Health Services

Home Wellness

Nurse Practitioner

- Comprehensive Health Assessment (CHA)
 - Once per calendar year
- In-Home, Virtually, or In-Office
- Behavioral Health Visits



Network Integration and Engagement

Collaborates with health systems and
Primary Care Providers

Shares Quality data

Interagency Collaboration- connecting
the dots between Patient, Provider,
Plan, and Community

Quality Coordinator



A1C (Diabetes)

BP (Hypertension)

FIT testing (Colorectal)

NextBlue ONLY



KED (Kidneys)

EED (Eyes)

Medicaid Expansion ONLY



BCS (Breast Cancer)

CCS (Cervical Cancer)

What Makes Arkos Different?



- Meet patients **in-person** where they are:
 - Home
 - Shelter
 - Library
 - Café
 - Church



What Arkos is NOT



Home Health –
(infusions, Wound care, etc.)



Replacement for
Primary Care



Transportation
services



Housing Services



Plan coverage –
insurance questions



Ask-a-nurse

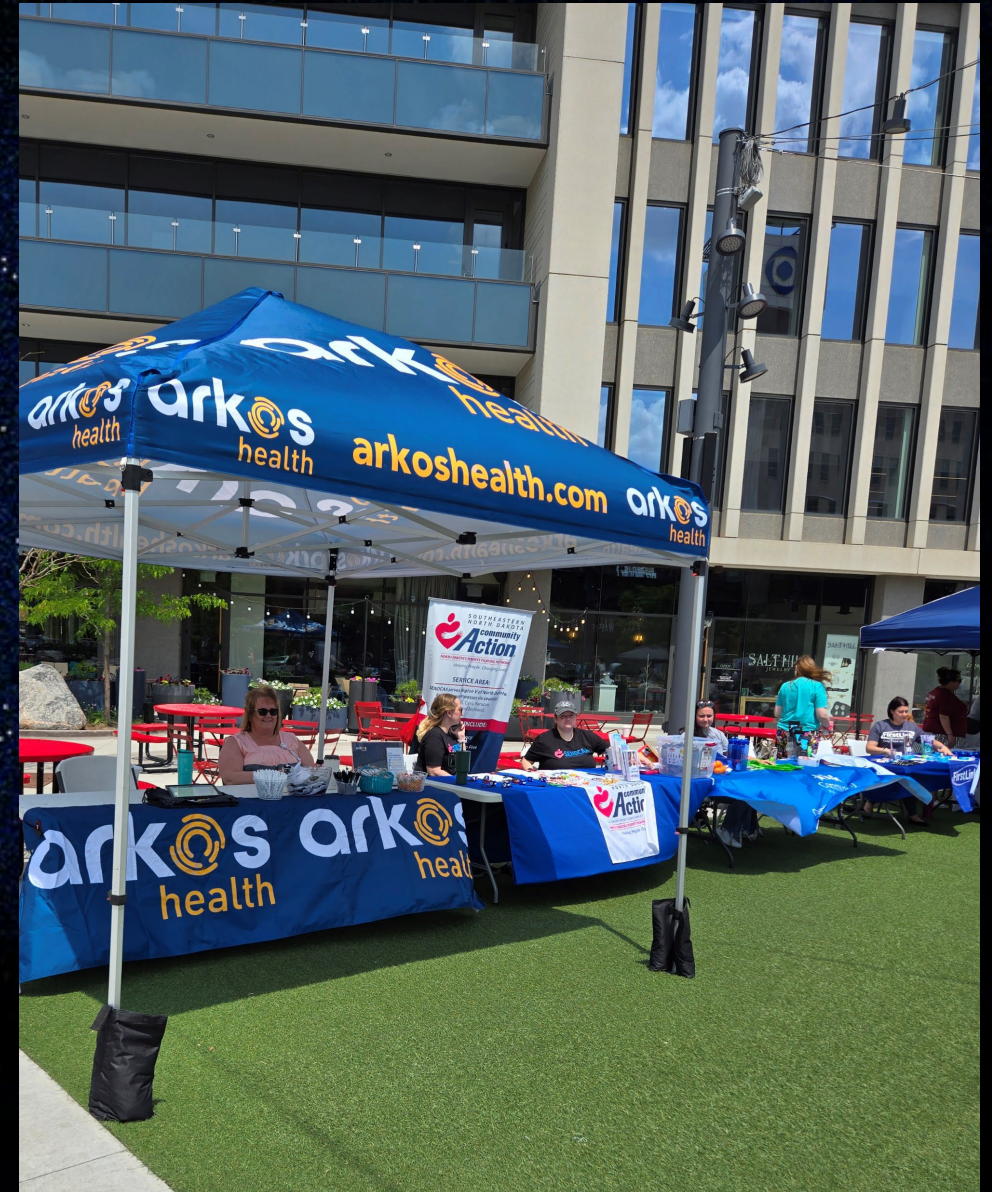


Long-term care
management



Discharge planners

Mobile Services



Why Utilize Arkos Health?



Arkos Health provides members with many services including:



Highly Trained Nurses and Social Service Care Teams to assist you in coordinating your care



Assistance in **Making Appointments With Your Provider** and supporting you through your healthcare needs



Helping you **Complete Yearly Wellness Testing** in a location that is convenient for you

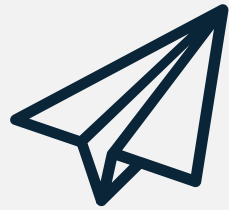


Connecting You with **Community Resources** to get you the necessary help you need



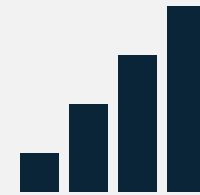
Assistance with Transportation to your medical appointments and pharmacy visits

Connecting Patients to Arkos



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